

MEDLIFE DONATIONS LIST

Kilimanjaro, Tanzania

Medicine/Supplements**

- Glucosamine
- Vitamins--children, adult (women +50)
- Iron (Ferrous Sulfate) Supplements
- Folic Acid Supplements
- Lice/Scabies/Bed Bugs creams or lotions
 - Permethrin Cream
 - Crothamiton Cream
 - Nix
 - [Walgreens](#)
 - Rid
 - [Walgreens](#)
- Calcium Supplements
- Vitamin E
- Collagen
- Naproxen, Ibuprofen, Acetaminophen

Dental Supplies

- Children's toothbrushes
- Children's toothpaste

Blood Glucose Test Strips

- Accu-chek Aviva
 - [Walmart](#)
 - [Walgreens](#)
- Accu-Chek Compact Plus
 - [Walmart](#)
 - [Walgreens](#)
- One Touch Ultra 2
 - [Walmart](#)
 - [Walgreens](#)
- Freestyle Lite
 - [Walmart](#)
 - [Walgreens](#)
- Gluco Plus

Batteries**

- AA
- AAA
- 3 volt lithium button
 - [Amazon](#)



Diapers

- Adult Diapers - Incontinence products**
 - Size S, M **
 - [Walmart](#)
- Baby Diapers
 - Any size

Powdered Milk**

Otoscope

Pulse Oximeter

- [Walmart](#)

General Supplies

- Gloves in all sizes
 - Preference: Nitrile Exam Gloves (because they are thicker)
 - For reference: [Amazon](#)
- Face Masks
 - Preference: N-95
- Hand Sanitizer with pump
- Wet Wipes

OB Supplies

- Contraceptives
- Reusable pads

Bed Linen

Clothing for Donation

Shoes

**Most needed

*Please make
sure all donations are
new or in good condition*

