

## Annual Report 2016

## Where we work.



#### Dear supporters,

I am proud to share with you our first annual report. As an organization with over a decade of experience, I would like to take the opportunity to share our growth and a bit of what we have been up to over the past year.

Prior to 2016 there has been a significant gap in my direct, day to day involvement with MEDLIFE as I worked toward becoming an emergency medicine physician. Finally after a decade of training I've returned to MEDLIFE. Twenty-Sixteen was an important year for me and for MEDLIFE. MEDLIFE first started when Martha Chicaiza (Director in Ecuador) started supporting rural communities in and around Cebadas, Ecuador in 2004. The first Mobile Clinic we ever organized had 6 volunteers. We took public buses, and hiked up to villages, rode on horseback to get up mountains to reach communities. It was a different time but our core values were the same as they are today. MEDLIFE continues to believe that all people have a right to healthcare, education and a safe home. In my work over the years I have come to believe that these three areas of support are fundamental in helping families in their fight out of poverty.

It was in those early years that I decided I needed skills to help the patients I saw suffering in rural areas of Ecuador. In 2006, I started medical school at Dartmouth, now Geisel school of medicine. I continued to run MEDLIFE in my "free" time. In what would have been in final year of medical school I returned to Peru to run MEDLIFE and during that gap year it became clear during that year that MEDLIFE needed more full time support. Over the next 2 years I spent my time between training at Dartmouth and flying to Peru to build up our team. Before starting medical residency at Dartmouth in Emergency Medicine in 2013 I had recruited fellow New Englander, Tim Anson, current Director of MED International. With Tim's help focusing on our volunteers internationally and Alberto Paredes and Martha Chicaiza while in country (just Peru and Ecuador at that time), I felt confident in our team. As I progressed through my training, MEDLIFE continued to have unprecedented growth year after year and required a huge amount of administrative support that I was not able to provide. I thank my wife, Angie Vidal who is trained as a dentist, but stepped in to provide support in day to day operations in my absence. I thank her for all of her support both professionally and personally, without her MEDLIFE would never have grown to what it is today and I wouldn't have been able to finish my medical training.

Fast forward to the fall of 2016, Angie and I moved back to Lima to run MEDLIFE. In the years that I was gone we continued to have phenomenal growth working with thousands of students and hundreds of communities across 4 different countries. When I first arrived in Lima, there were many growing pains ranging from the mundane (e.g. finding a larger office space) to bigger challenges like improving our financial transparency. I am happy to announce that all our of 990s are on the website under "About Us" and "Financials". Another achievement which came from 2016 is this annual report, you can expect to see a regular annual report from us.

In summary, 2016 was a great year for us, we continued to grow in terms of number of university Chapters, total volunteers, number of communities and individuals supported in 4 different countries. Our university Chapters have continued to support their local communities through our local volunteering activities. Please review this document to learn more about our organization in 2016.

Finally, I would be remiss if I didn't thank the following people for not only their support of MEDLIFE but for their personal support as I worked through my medical education: Martha Chicaiza, Maria Chavez, Alberto Paredes, Carlos Benavides, Amparo Ulloa, Tim Anson, Rosali Vela, Jorge Vidal and perhaps most importantly Angie Vidal. I look forward to MEDLIFE's growth and sharing our achievements with you in the coming years.

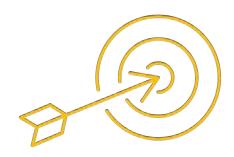
#### Nick Ellis, MD

**Executive Director & Founder** 

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### Our mission

To build a worldwide movement empowering the poor in their fight for equal access to healthcare, education, and a safe home.

### Our vision

A world free from the constraints of poverty.







#### Our values and principles

## Listening: Our priorities are driven by the communities with whom we partner.

- We listen to the concerns and priorities of local communities to create solutions together.
- Our medical services are patient-focused, our educational workshops are culturally-appropriate and our development projects are community-driven.
- History and Structural Violence: Understanding the past to guide our next steps.
  - Observe
  - Judge
  - Act

## Root Causes, Sustainable, and Value Added Solutions:

We work to understand the root causes posed by poverty and create sustainable and quality solutions.

- We continuously seek to better understand the role structural violence plays in poverty through the lenses of history, sociology and anthropology.
- We employ local professionals and hire community members to ensure culturally sensitive, locally appropriate projects.
- Our projects target root issues that affect the reality of people living in poverty.
- We cultivate long-term, interdependent relationships with communities.
- We do not use sustainability to mean cheap, low quality interventions, our interventions are aimed at being value adding, long term investments for the poor.



## Our values and principles

## Structural Violence and A Preferential Option for the Poor:

- Dr. Paul Farmer made famous the ideas of structural violence and a preferential option for the poor which was first coined by liberation theologians.
- We provide high quality services to the poor, not services slightly better than what they are accustomed to.
- If we were in the same situations as our patients, would we consider MEDLIFE's projects and services high quality? The answer must be yes!

#### Collaborative & Educational Volunteering:

Service Learning trips help to empower volunteers to make a sustainable difference.

- We foster a grassroots network of students advocating for the rights of the poor.
- We facilitate culturally-sensitive learning through service.
- Our volunteering experiences are both educational and respectful of people and communities.



### Our values and principles

#### Rigorous Giving & Investment:

Improving on current models of charitable work and investing in poor communities.

- Improving the Medical Mission Model
  - We strengthen the medical mission model by hiring linguistically and culturally trained physicians and providing preventative health education and follow up care.
  - We provide educational activities that allow our volunteers to better understand the complexities of poverty.
- Community Centered Development
  - We ensure that our patients and communities have a voice in the projects we create.

#### Transparency:

Inspiring donor confidence.

 We manage an exclusive fund that directs 100% of donations to projects, not administrative expenses.
 We focus on transparency in our projects and finances. Bringing. Listening. Creating. Leading.



## Hiring local professionals.

MEDLIFE's comprehensive approach to providing Mobile Clinics for low-income families is what sets us apart from the traditional medical mission model. We hire local professionals with specific knowledge of the culture, language and existing healthcare system. Our Mobile Clinics act as "physician extenders," working alongside the Ministry of Health in each country. Our full-time nursing staff builds trusting relationships with our patients and provides quality follow-up care utilizing the governmental referral system and current programs.





# Providing preventative education.

Before MEDLIFE brings a Mobile Clinic to a community, we provide educational workshops taught by medical professionals and local health promoters that focus on preventative care. We tailor these workshops to suit the needs of the community, taking into consideration the cultural context of the region. While we educate people about the treatment of prevalent, high-risk conditions, we also emphasize the importance of frequent screening and healthy lifestyles to prevent disease.



## Ensuring patient follow-up.

#### Introducing Ruth Varona from Peru.

Our nurses play an integral role in the follow-up and recovery of our patients. They build trusting relationships and listen to our patients needs. They are the voice of our patients and work hard to advocate for their needs.

Ruth Varona is a certified nursing assistant who first joined our team as a volunteer in 2010. She now works with us as a Patient Follow-Up Coordinator and Field Nurse.

**Where are you from?** I'm from Lima. I was born here and raised in the district of San Juan de Miraflores.

How did you get involved with MEDLIFE? I started out a few years ago volunteering for Mobile Clinics at the pharmacy station for a few hours a week. After a while, I began to work at the office a few times a week as well. Later, as we started to gain more patients, MEDLIFE asked me if I would like to join the organization as a full-time nurse. Now, when there aren't Mobile Clinics, I visit

What do you like about working with MEDLIFE? I really like working at the Mobile Clinics because I am able to meet new patients. I love listening to their needs and

patients several times a week.

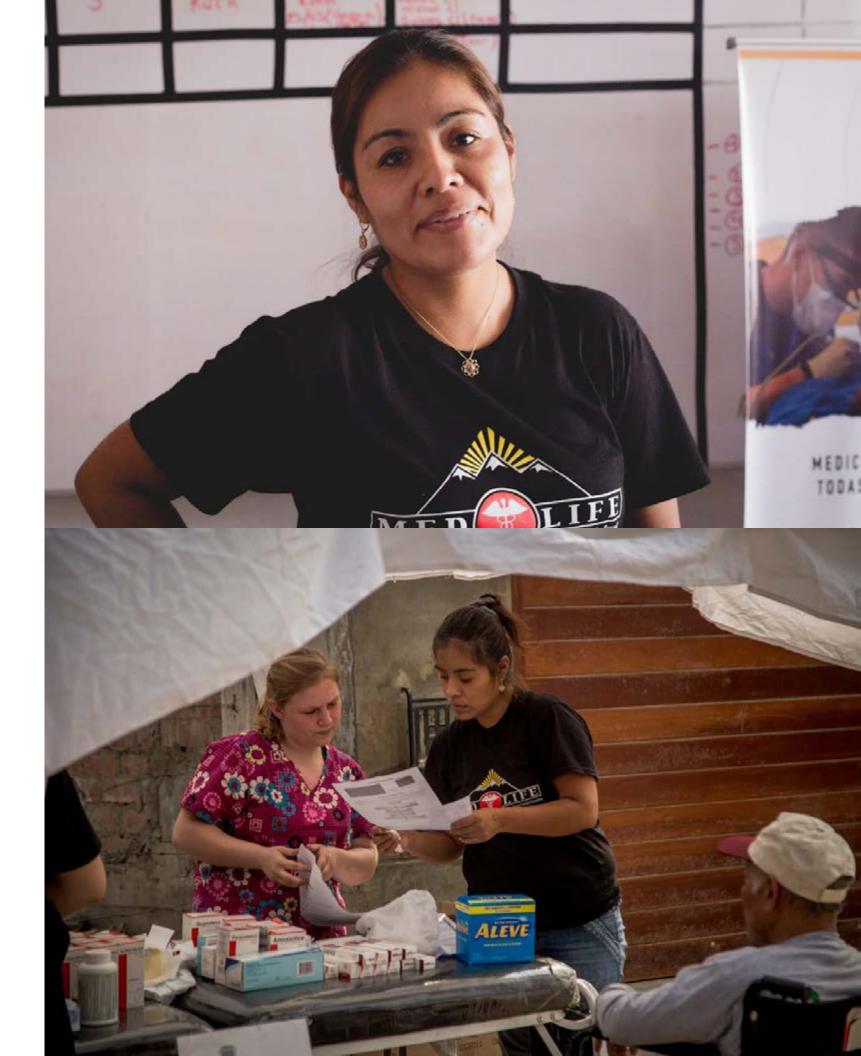
learning about what we can do to help. It's the starting point of building relationships with the patients. More than anything, what I love about this job is helping people improve their health. Good health is the foundation for a good life.

What is a problem you find most frequently at Mobile Clinics? The dogs! There are dogs everywhere. But in all seriousness, one problem I find frequently is that many people do not know their own bodies. That is to say, when patients feel something wrong with their bodies, they often times don't know where that problem is coming from. Many people are just not oriented to what is going on with their bodies. This is something that I try to teach

What do you like to do in your free time? I have a 6-year-old son, so my free time is spent with him. I love spending time with him as I watch him grow up.

to people during Mobile Clinics.

Anything else you would like to add? I just wanted to say that I am very glad that volunteers have come here to Peru to learn more about this country and meet the people here. Never forget that there is always someone to help; there are always people in need.





#### Ensuring patient follow-up

## Meet Hugo.

Soon after Hugo Guashpa was born, his parents noticed that he was not developing at the same rate as their other children. His first steps and first words came much later than normal. Looking for answers, they took Hugo to the nearby public hospital where the doctors diagnosed him with Down syndrome. As Hugo got older, he was unable to attend his local school because it lacked the specialized resources he needed. While caring for him at home, his parents noticed he could not physically keep up with his siblings. They returned to the doctor for another examination, but this did not provide any additional answers.

In March of 2015, MEDLIFE held a clinic in the rural community of Laime Sar Carlos, Ecuador. The Guashpa family jumped at the opportunity to take Hugo to another doctor for a second opinion. A MEDLIFE clinic doctor detected a heart murmur and wrote a referral for Hugo to get a cardiogram. The results revealed that Hugo had pulmonary atresia, a rare birth defect of the heart where the valve separating the right ventricle from the main pulmonary artery is not formed.

According to the World Health Organization, 75% of the world's deaths from cardiovascular disease occur in low and middle-income countries¹ where people have less access to adequate health care for early detection and expensive treatments. As a farming family from an indigenous village in the poorest province of Ecuador, Hugo's family could not afford to pay for the specialized treatment he needed. He would likely have died before making it to the top of the lengthy wait list for the operation in the public healthcare system. By raising funds through MEDLIFE student Chapters and donations, we were able to pay for the operation at a private hospital, ensuring Hugo's survival.

Thanks to fundraising efforts from our Chapters, Hugo and his family were spared a tragedy. He has been given the opportunity to enjoy a long and physically normal life. MEDLIFE will continue to support families like Hugo's, those burdened by health care costs they cannot afford. We will continue to make sure they get equa access to health care and the treatments they need.





#### **Ensuring patient follow-up**

### Meet Catalina.

"The day I remember most clearly was the day he caused this infection," Datalina Bailon explained in an interview about her experience with gender violence. She is referring to the mastitis inflammation in her breast that MEDLIFE is treating her for, caused by a violent beating she received from her husband. "It was lovember 5 of 2015," she explained. "I remember the date because I remember heeing it and thinking what am I going to do?". According to a United States Bureau of Democracy report on human rights practices, Catalina is one of around 25,000 women in Peru to be affected by gender violence every year. This is a number that has been growing at a worrying rate.

MEDLIFE is currently working with several women who have been victims of domestic abuse; both assisting with their physical recovery and helping to empower them psychologically. Catalina, 32, was trapped in a violent relationship for nearly four years before finally standing up to her husband. "It is hard because you're not just thinking about your feelings and how it will affect you but you also have to think about your kids and the long term effects," she said, explaining why she remained so long in an abusive relationship. "The important thing is being able to call out abuse; we need support from the government to do this. If there is no support, there is nothing we can do."

Luckily Catalina is well on the way to recovery now. On Thursday August 18th, 2016, MEDLIFE nurse Carmen accompanied her to the hospital where she had her final operation, funded by MEDLIFE, to cure the mastitis. The operation went well and Catalina is now planning to start looking for a new job so she can continue to support her children. Catalina expressed how glad she was that this Chapter in her life is over and has shared some advice she would give to other women who find themselves in her position. "I would say that now, I am fine. It is a good thing to seperate, to have some distance so that there is no violence in front of the kids and so that I don't feel in danger." Catalina suffered for four years until she felt she was in a position where she had to stand up against her husband who had caused her serious physical and psychological damage. Women should not have to suffer in silence for so long, it is so important that they feel supported and able to denounce gender violence. Catalina is now able to look towards a new future where she and her children can live comfortably and happily.

## Identifying the root causes of disease.

MEDLIFE creates development projects to address the root causes of disease. We understand the implications poverty has on a community as a whole. Our integrated model identifies the physical, environmental, and social barriers to health. We spend the time to build trust with communities, listen to their needs and work together to develop sustainable solutions.







#### Identifying the root causes of disease

#### A staircase for Pompinchu

We have been working with former TV comedian Pompinchu for over a year now since he suffered from a car accident which debilitated his movement and rendered him unable to perform. Pompinchu, formally known as Alfonso Mendoza, had created an variety show fundraiser in the hope of raising money to help cover his medical expenses and help with his recovery but unfortunately did not get the support from his fans he was hoping for. Luckily, MEDLIFE also heard Pompinchu's appeal and was able to step in and help. We have been helping with Pompinchu's medical expenses and more recently decided to fundraise and build a staircase up to his home.

Pompinchu's house was located at the top of a slippery dirt track making it very difficult for him to leave his house. MEDLIFE, with the help of some community members from the Laderas community, constructed the staircase up to Pompinchu's house and a week later, a group of interns and nurses went with Carlos Benavides, director of MED Programs Peru, to paint and inaugurate the staircase.

Whilst we were at the project site, we also decided to help Pompinchu with a few other changes he wanted to make to his house, replacing the walls of his bathroom, repainting, and decorating the side of his house with a character who is very important to Pompinchu.

After completing work on the staircase and other parts of the house, we were lucky enough to partake in a private viewing of Pompinchu's once famous show 'Comicos Ambulantes'. Pompinchu explained, "Much of the show is based on satirical political humour but as Spanish is not your first language I'm going to stick to something more simple," before showing us a series of sleight of hand magic tricks and engaging in some friendly banter with his co star 'monstro'.

We finished the inauguration with the traditional smashing of a champagne bottle over the staircase and a few speeches. It was a delight inaugurating this staircase for Pompinchu who was incredibly entertaining all day and had us all joking around with him as we worked.

We will be continuing to work with Pompinchu and support him with his treatment. We hope that having this staircase will make accessing his home easier and allow him to get out of the house more to continue entertaining.

#### Identifying the root causes of disease

#### **Empower Union Santa Fe**

Union Santa Fe is the community with which we've had the longest relationship, spanning almost 6 years now. Thanks to their organization as a community and their desire to succeed, we have managed to conduct more than 15 Mobile Clinics and build 12 staircases, 1 water project, and 1 daycare center that benefits all the children of the community.

At the end of 2015, during one of their community meetings, Union Santa Fe petitioned us to support them in their desire to connect their community to the city's electrical grid. Until that moment, the community had obtained electricity illegally, that is, informally ciphering power from surrounding communities that were connected to the formal grid. Because of this, their electricity came from dangerous informal wiring and the neighboring communities charged them an incredibly high rate for it.

In 2014, Peru ranked second to last in Latin America for access to electricity, where 10.3% of the population still does not have electricity nor heating in their homes. There are more than 3 million Peruvians without electricity and nearly 530,000 people live without electricity in Lima alone.

That is why it was decided to use the Union Santa Fe electrification project as a goal for the "Spring Into Action" campaign in which the Chapters focused all their fundraising efforts on the realization of a specific project. The campaign was called "Empower Union Santa Fe" and almost all the MEDLIFE Chapters participated in different activities to raise money, such as a weekend of canning, awareness activities and more. At the end of the season it was possible to raise all the necessary funds and the community was able to be connected to the power grid.

Because of this project, 350 people are no longer living in darkness or paying an excessive amount of money for electricity. One child told us that he loved not having to eat dinner in a dark home lit by a single candle. Electric lighting in the streets will also improve safety. Previously, hardly anyone left their homes at night because it was too dangerous to be outside without light, due to both delinquency and the difficulty of navigating the steep, loose, rubble strewn hills in the dark.







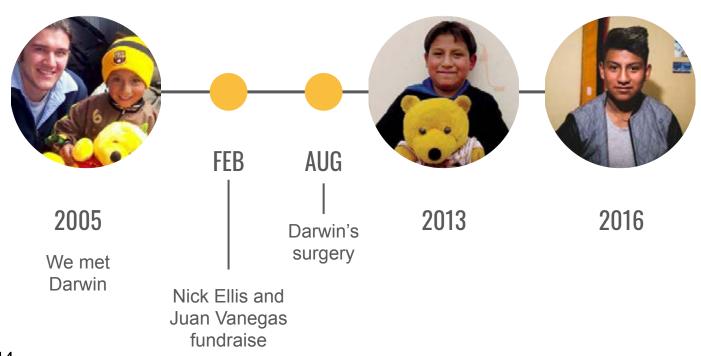
#### Listening to our communities

## Meet Darwin.

We met Darwin in 2005 at the very first Mobile Clinic in Cebadas, Ecuador, a rural town located deep in the Andes. A medical examination revealed that Darwin had a heart murmur. After further tests, doctors found that the heart murmur was a sign of a more serious condition called Patent Ductus Arteriosus, which could prove fatal in ten years.

Darwin lived in rural Cebadas with his mother, who worked in agriculture and couldn't afford the expensive procedure required to correct his condition. "The doctors said my kid's heart was bad," Darwin's mother said. "I didn't believe them. I didn't see anything wrong with him."

It was this impactful experience that inspired MEDLIFE co-founders, Nick Ellis and Juan Vanegas, to take action. They returned home to Maine and spent their weekends in store parking lots collecting spare change. In just a few months, they raised \$4,000 and headed back to Ecuador to help Darwin get the surgery he needed.





Before Nick and Juan went back to the States, Darwin's father told them, "Don't forget us." Nick assured him that they could never forget about Darwin. "No, not Darwin. Don't forget about all the poor people everywhere," he replied. These words soon became the driving force behind the MEDLIFE mission to alleviate people from the constraints of poverty.

On our most recent visit with Darwin, we found a healthy teenager studying mechanics in high school. When he graduates, he hopes to go to University Polytécnica in Riobamba to study engineering. In his room, he still has the teddy bear that Juan Vanegas gave him in the hospital after his surgery.

MEDLIFE does not just treat a patient and send them off. We form a relationship and continue to follow up with our patients. Our relationship with Darwin and his family continues to this day. As we bid goodbye on our most recent visit, Darwin's mother told us, "We haven't forgotten. Thank you for coming and seeing how we are doing."



#### Listening to our communities

### Meet Selvestrina.

We met Selvestrina at a Mobile Clinic in 2013 when we attended to her in our dental station. She was admitted to the follow-up program since she was missing almost all of her teeth, which is why our quechua speaker Lucía took her every week to our dentist and collaborator, Angie Vidal, who attended her personally. That's how we got to know her story. Here at MEDLIFE, we listen to our patients' needs and stick with them for years until we are able to give them the help they need.

Selvestrina fled to Lima to escape the terrorism that devastated Peru in the 80s and 90s, particularly indigenous Andean communities like the one where Selvestrina lived. In 2013, she was living in an unstable house in Lima with her blind husband who could no longer work. Her son was committed after developing mental health issues caused by the trauma of the kidnapping and torture he suffered at the hands of the Shining Path terrorist group. Her home had been burglarized several times.

Most of her teeth needed to be replaced. Even as an elderly woman, Selvestrina was still all on her own, fighting day to day to survive and provide for her family.

After hearing her story, it was clear we needed to provide more than just medical services to improve the quality of her family's life. We started with dental treatment, bringing our dentist to her home to give her a much needed new set of teeth. Then, we made an agreement with the local community kitchen so that Selvestrina and her family had enough to eat. Her family had no legal documents, and spoke Quechua, not Spanish.

By breaking down the language barrier, we were able to help them navigate the bureaucratic processes to get identification and enroll in the public health insurance system. Finally, we decided to fundraise and give Selvestrina the safe home she needed, which was completed in 2015 thanks to the fundraising efforts of our Chapters and the generous contributions of our donors.

The day the house was finally finished, it was an emotional moment for all the volunteers, staff and of course, for Selvestrina. "Thank you for everything MEDLIFE," Selvestrina said, as her eyes welled up with joy. "I know that we are very old and could not improve the house on our own." Today, Selvestrina is living happily in her new home. After we completed the project the community leader, Casani, thanked us, "On behalf of the community, please keep helping people who need it most like Selvestrina."



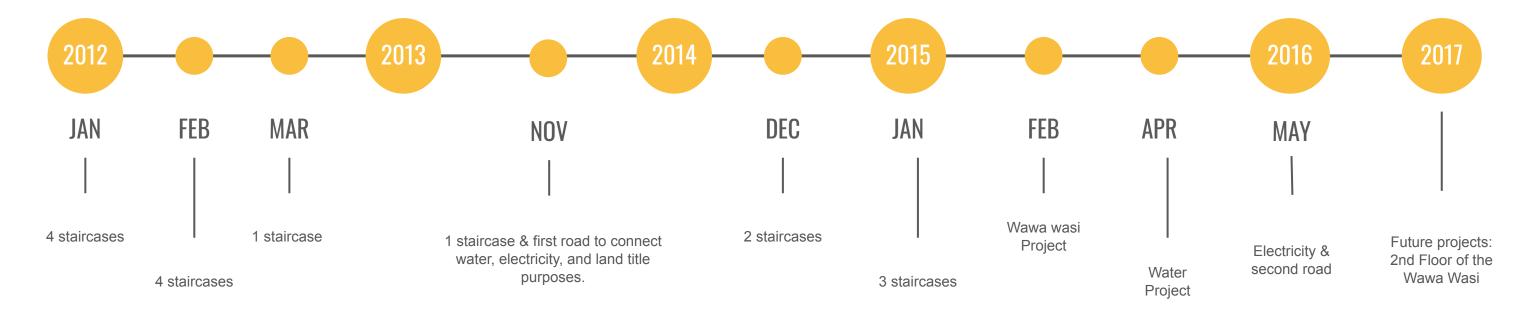


MEDLIFE started working with Union Santa Fe, Lima in January 2012, home to 380 inhabitants. Its steep hillside location has made it difficult in the past for residents to access their homes or even leave them to go to work and school.

Since the construction of our first staircase in Union Santa Fe three years ago, we have been working closely with their community leader, Casani. He explains, "Before having the staircases, pregnant women, the elderly and children of the community struggled to walk up the dusty hill which became especially dangerous in the rain." We value Casani's long-term commitment to improving his community and the work he has put in as a builder on other MEDLIFE projects.

Together we have held two Mobile Clinics and two educational workshops, built 12 staircases, a road and constructed a *Wawa Wasi* (government-run day care center) in the heart of the community. The day care center has empowered women to find work and given the children of Union Santa Fe a safe, fun place to learn. The structure has been designed with future plans for expansion to build a second story and an elementary school.

With the help of our student Chapters and generous donors, we plan to continue working with Union Santa Fe, bringing electricity and access to water to the entire community in 2016.











#### Volunteer locally

## Highlight: UPRRP

The MEDLIFE Chapter at University of Puerto Rico Rio Piedras did an incredible job of fundraising \$4,847 for the MEDLIFE project fund. This donation allowed us to finish 5 of our six remaining projects; a prosthetic leg for Roman, a home for Soledad, a staircase for Pompinchu, *Empower Union Santa Fe*, a sandwich cart for Tatiana and Camila. On Top of all of this they also managed to put \$1,000 towards the Urucancha community intern project. Thank you and congratulations to the UPR Rio Piedras MEDLIFE Chapter for your outstanding work.

Tell us about your Chapter, how many members do you have, how did you create it, what is your history? We have 409 members organized and dedicated to working and giving their best to the needs of communities. MEDLIFE UPR-RP was created in the year 2012 and since then we have demonstrated that the unity of our members is the secret to achieving success in all of our activities.

Why did you decide to start the fundraiser? How did you get the idea and motivation to do it? During the last semester, we successfully raised the funds for Santusa's house together with other Chapters in Puerto Rico, and MEDLIFE Cayey. But we wanted to impact and reach more people. Our President Alessandra Torres, was revising projects pending in the website this semester and saw that 6 projects still needed to reach their fundraising targets. Later, we had a meeting where we decided that we would help complete 5 of the projects and give the rest to the one remaining.

To contribute to these projects was more than just giving a donation, it meant the commitment and dedication of all of our members to help patients in need; it meant hope, happiness and love from each one of them.

What activities did you do to raise the money? During this second semester we held a variety of activities to raise money such as: selling pizza, bake sales, events in restaurants, and a raffle.

What obstacles did you encounter and how did you overcome them? Actually, the economic situation in our country is not the best, so raising the money took a lot of strength, work, and determination.

Nevertheless, when we did a strong promotional campaign for each activity we were able to draw the attention of many members, friends and family members who helped complete our goal.

#### What are your futures goals, what plans do you have as a Chapter?

In terms of future plans, we would like to continue to give back to projects that are the pillars of our organization: medicine, education, and development. We would also like to have our Chapter represented in Mobile Clinics, be it in Peru, Ecuador or Nicaragua.





## Our staff and interns volunteer.

At MEDLIFE, we believe that you have to see the impact of the work in order to truly be fulfilled in your job. Our staff and interns exemplify what it means to be a part of a Movement, as they move fluidly between the office and the field. From the start, they are equipped with the knowledge of what MEDLIFE does, our goals and how the work they are doing for the year is able to change lives. Our staff and interns not only fundraise, but they sandpaper walls, throw bricks, carry materials, paint staircases and lend a supportive hand on our patient follow-up meetings.

Their commitment to service coupled with the dedication of their time is what continues to move our mission forward to provide medicine, education and development to communities living in poverty.

Some examples of projects in which our staff and interns have collaborated are: the transport of construction materials for the house of our follow-up patient, Soledad; fundraising for the construction of a ramp that our patient, Jorge Sanchez, needed to be able to leave his house, and the purchase of a food cart that our patient, Christian, needed to improve his family finances.



## Zhamira & Aaron

During his internship with MEDLIFE,
Aaron Sanfield went above and beyond
his intern responsibilities. Aaron's
dedication to MEDLIFE and the people we
serve, changed the course of baby girl
Zhamira's life. It all started with a simple
conversation between Aaron; Carlos
Benavides, the Director of MEDLIFE Peru;
and Sabina, Zhamira's grandmother.

Baby Zhamira was only three months old when she started having seizures. The convulsions frightened Sabina. She thought her first and only grandchild was dying.

Zhamira was taken to a Peruvian endocrinologist, Dr. Lu, for diagnostic exams. The results revealed hormone levels indicative of persistent hypoglycemia, a very rare illness. Zhamira's body was producing an excess of insulin and not enough glucose to maintain a healthy blood sugar level. Her declining blood glucose levels were cutting off sugar to her brain, resulting in repeated seizures.

Although medication does exist, it is not manufactured in Peru and there is no easy way of obtaining it, especially for a family with low economic resources.

Determined to obtain the elusive
Diazoxide medication for Zhamira,
Sabina recalled a MEDLIFE staircase
project in her neighborhood where she met interns from the United States.

She reached out to Carlos Benavides, in hope that someone could help. To his disappointment, Carlos struggled to find a U.S. physician willing to take on the complicated job of prescribing an expensive medication to be shipped abroad.

With little positive response to Carlos' efforts, Zhamira's medicine seemed out of reach. However, after hearing Zhamira's story, Aaron realized that he could potentially be the connection to accessing the medication. Aaron explained to Carlos that his father was an Endocrinologist in the United States and had experience caring for patients with hypoglycemia.

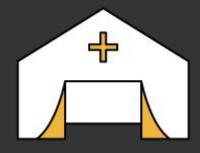
Aaron shared Zhamira's story with his father, Dr. Jeff Sanfield, who realized the urgency of the situation. Dr. Sanfield teamed up with pharmacist Dr. Chris Cook and Dr. Lu to prepare the Diazoxide for shipment to Lima. The opportunity to improve the quality of life for those less fortunate reminded them of why they entered the field of medicine.

Since receiving her first dose of Diazoxide, Zhamira has shown great signs of improvement. With the help of the medication, her insulin and blood glucose levels are normalizing and she is seizure free.

Stories like Zhamira's remind us why the work MEDLIFE does is important and that with the collaboration of many, anything is possible.

## Year in review.

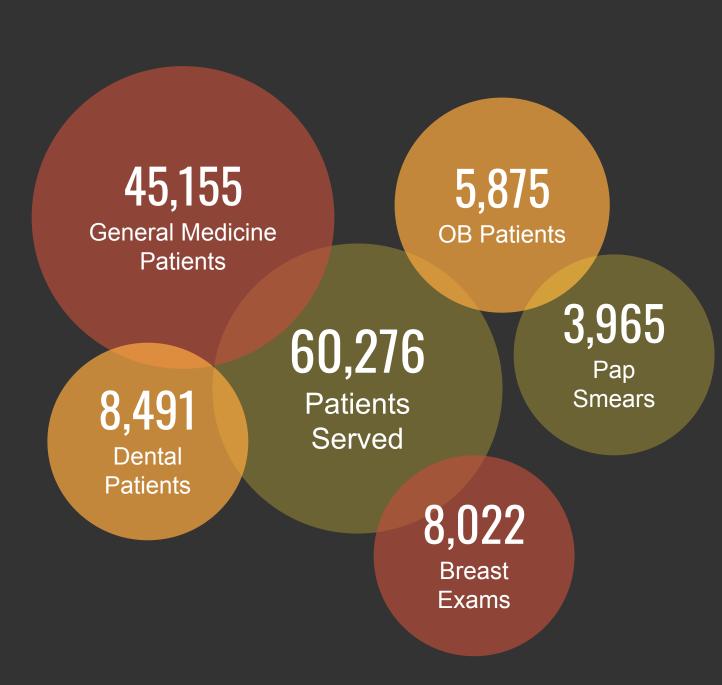
..... Medicine .....



**49**Mobile Clinics



4,554
Follow Up Patients



## Year in review.

Education



100

Educational Workshops



Kids learned healthy dental habits

# Year in review.

····· Development ·····

47 Development Projects

15,000 + Beneficiaries



2
Hygiene Projects



25
Staircase Projects



10
Fuel Efficient Stove Projects



1 Water Projects



**Electricity Projects** 



8

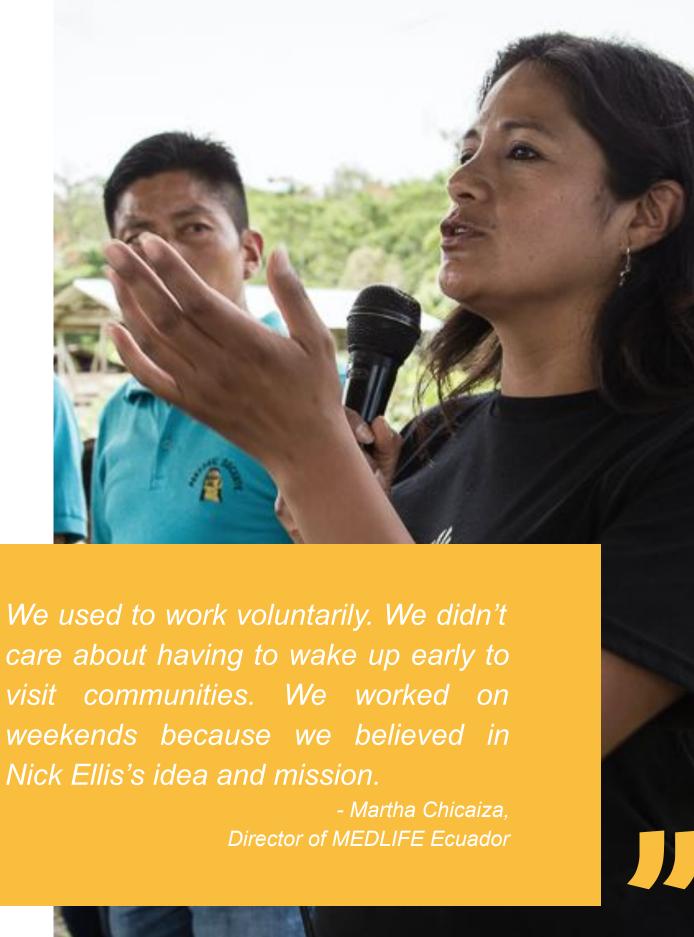
Specialized Patients Projects

70 71



# MEDLIFE General Fund.

The MEDLIFE General Fund covers all operational expenses, including Mobile Clinic costs and patient follow-up care services, to support our year-round work in Peru, Ecuador, Nicaragua, and Tanzania.





It is not just about bringing Mobile Clinics or projects to communities. It's about organizing them, working hand in hand with them, and then motivating them to continue working together, even without MEDLIFE.

- Carlos Benavides,
Director of MED Programs Lima

A.Dolly/Alice Lipumano/Janolo Aakankshan Gupta Aaron Stockham Abby Lathrop Abby Rogers Abe Diaz AccuSpect Home Inspections Adam Chmelecki Adam Cranor Adela Cepeda Adetokunbo Tejuoso Adolfo Riveron Adoracion Tadique Adrian Alfonzo Adriana Zapata Agata Gorecka Ah Lan Hong Aida Medina Ailed Jimenez Aileen Ortiz Aimee Carl Aimee Gelston Aishah Nisar Ajay Barthwal AJIT PAL SOHI Akshay Jogoo Alan Budhu Albert Alfano Albert/Cathy Teves Nelson Braga Alberto Lopez Alessia Bertucci Alex Braun Alex Forseth Alex Pham Alex Umbach Alex Moorman Alexa Shabecoff Alexander Duran Alexander Trouten Alexander Valdes Alexandra Santiago Alexandra Snock **Alexis Roberts** Alfredo de Santos Alicia Mayz Alicia Warner Alison Butler Alison Letvinchuk Alison Murray Alison Weber Alka Patel Allan Brandt Allan Grachnik Allan and Emily Jagos Allen & Michelle Krauss Allison Curry

Allison Lenon Allison Sebastiani Ally Garnot Allyson Rittenhouse Almutaz Zater Alpa Shah Aludia Evangelista Alyssa Guigou Alyssa Skinner Amanda Higgins Amanda Mahadan Amanda Mann Amanda Norman Amarpratap Sidhu Amelia Soudan Amie & Bill Dehner & Moorman **Amit Capoor** Amit Misra Amjad Mahmood Amparo Beltran Amy Asher Amy Bankston Amy Breakstone Amy Fisch Amy Henning Amy King Amy Marzluff Amy Osborne Amy Sleeman Ana Cepeda Ana Vivian Rigal Andi Shorin Andi Whitmore Andrea Larkin Andrea Seyka Andrea Seyka Andrew Kendall Andrew Lynk Andrew Pellitieri **Andrew Pickering** Andrew Spreadbury Andrew Toeman Andrea Benoit Aneka Patel Ang Qian Angel Avalos Angela Carmichael Angela Gumby Angela Jackson Angela Stegmuller Angela Thompson Angela Yu Angie Allison Angie Allsbury Angyl Vidaurri Anita Brown-Johnson Anita Mathisen Ann Bencivengo

Ann Caruso

Ann Healy Bernadette Addessi Anna Hertwig Bernadine Tandoc Anna Kolenovic Beth Cruz Anna Michalak Beth Donohoe Anna Rozko Beth Romanelli Anne Burnett Beth Smithson Anne Goettemoeller Bethany Spenn Anne MacDonald Bijal Patel Anne Papineau Bill Goldman Annie McGreal Billie Joaquino Billy Badinelli Annika Ward Annmarie Scorzo Billy K Blake Danforth Anon Ymous **Anthony Cheng** Blake Flemington Anthony DePinto **Bob Jacobs** Anthony Fischl Bob & Diana Short Anthony Galluccio Bob and Wonda Clyatt Anthony Vellookunnel **Bonnie Smith** Antoneta Palik **Boyd Sorem** April McManus **Brad Laramore** April Talamo Brandon Brunell ARAMIS LOPEZ JR. Breanna Kovach Brenda Elsasser Areeka Tiwari Ari Leibowitz Brenda Oliva Ariana Akkaya Brian Grazier Ariana Durando Brian Mcginn Arjun Adapalli Brian McMahon Arkes Family Foundation Brian Miller Arlene Sorhaindo Brian Tao Arman Saied Brian and Shelly Fisher Arpit Rai Brianna Mengini Bridget Black Arron Luo Ashlee Lenon **Brigid Justice** Ashley Culin Brit and Tom D'Aurizio Ashley Cunningham Britany Naposki Ashley Hussey Brittany Cole Ashley Korus **Brittany Fung** Astryd Alicea Brittany MacArthur Audrey McNamee Bronwen Flemington Audrey Snyder Bryan Martisek Aunt Abby and Uncle Larry Bryan Silver Aurea Arce Bryan and Kathleen Jay Austin Dahl Caitlin Glynn **Austin Lansing** Callie Fahy Ave Fernandes Camila Julien **Avery Williams** Camille Simard **Avneet Dhardwar** Caralina Harrell Bac Nguyet Ngo Carl Czurda Barbara Bell Carl Smith Barbara Bolon Carla Kendall Barbara Henderson Carla Moujaes Barbara Honig Carla Schuman Butler Barbara Merklen Carla Taglioni Barbara Shortall Carlee Schmidt Barnabas Kali Carlos Alicea **Basil Conroy** Carlos Lizarraga Basilio Alvarez Carlos Murgueitio Beatrice Ojakangas Carlos Rodriguez Benjamin Wiseman Carmel Jean

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Cunlai Wang

Dad Willis

Dale Ellis

Dan Coffey

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Dahyabhai Patel

Dakota St. Laurent

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Dan Ferguson Dan Lohmeier Dan Taute Dana Rau Dana Reandelar Daniel Benson Daniel Dairaghi Daniel Singh Daniel Sundaram Daniel Warshawsky Danielle Fait Danielle Ortiz Danilya Collao Danton Dizon Darnice Oleary Darryl Roopnarine Dave Anderson Dave Hansen Dave Risk David Dienesch David Fernandes David Melendez David Peebles David Range III **David Stanat David Washington** David Wells David & Mary Jo Kurtiak Dean Lanier Deanna Walker Deb Stoner Debbey Fritz Debbie Blum Debbie Rovello Debbie Walsh Deborah Abner Deborah Berg **Deborah Clements** Deborah Griffiths Deborah Lewin Deborah Popkin Debra Block Debra Casha Debra Rossi Debra Tufano Debra Wyland Declan Weldon Deepa Patel Deepika Madari Delmarielinnette Castillo Collazo Dena Price Denise Mericle Denise Montoya Denise Perloski Denise Tighe

Denise VosWinkel

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Dereck Singh Derek Yang Desirae Solomon Devender Thadkapalli Devin Fiat Devontae Carson Dhyanesh Shah Diana Sadler Diane Canzoneri Diane Dooley Diane Mann Diane Morales Diane Rawlinson Diane Shimda Diane Stevens Diane & Jack Molitoris Dinine Signorello Dipak Patel **Dolores Thomas** Dominic Managbanag Dominick Coppola **Donald Loseff** DonDee Scherwinski Donna Bernstein Donna Cutts Donna Moradiellos Donna Natal Donna Riopelle Doreen Adamsky Dorie Downs Doris Iturrino Dorothea Tilroe Doug Hershey Doug Kress Doug MacLean Doug McKay Doug & Karen Giblett Dr. Ryan McCoy **Drew Pickering** Duffy Fallon **Dungngon Tran** Dylan Morano Dylan Morton Earline Epps Ed & Judy Herman **Eddanys Martinez** Edgar Lizarraga Edith Kramer **Edward Spector** Eileen Cardenas Eileen Lundberg Eileen Schwartz Elaine Furey Eleni Doulos Eli Krantzberg Elianna Girgis Elie Aintabi Elister Harris

Elizabeth Bowen







There are several communities in the Peruvian highlands, especially in Cusco, where several Quechua speaking families are isolated. These families deserve an opportunity. They need our help.

- Heidy Aspilcueta, Director of MEDLIFE Cusco

Elizabeth Brune Elizabeth Geison Elizabeth Leighton Elizabeth Raghunandan Elizabeth Stonehocker Elizabeth Takash Ellen Burnett Elliot Palanca Elsa of Arendelle Elyse & Isaac Nagiel **Emily Armstrong Emily Cannone Emily Reynolds Emily West** Emma Hibbard Emma Hurst **Encompass Cares** Eric Hooe Eric Keitel Eric Volfango Eric Wiechman Erica Ross Erica & John Janczak Erik Halvorssen Erin Fehrenbacher Erin Tully Erol Goknur Errol Cvern Ethan Cassidy Etienne Meloche Eva Abutin Evelyn Balodemas Evelyn Manziello **Evelyn Moradiellos** Evelyn Rodriguez **Ewout Schneider** Fanny Calderon Fanny Tran Farah Akhtar Faruk and Fusun Guder Fatema Shipchandler Fatima Khater Fatima Rangchi Fauneil Finke Fausta Monjaraz Faustino Arce Valentin Faye Jacobs **Fave Stapleton** Felicia Jettoo Fern Martin Fernando Olivera Fernando Ramirez Forrest Reyle Fran Sheridan Frances Barber Frances Karaim Francesca Bonaviso Francis Longtin

Franklin Bucco Fred Bateh Fred Desarno Fritz and George Carassai Gabriel Hernandez Gabrielle Cosel Gail Simpson Gail/Jim Paskind Garrett Zelada Gary Holder Gary Michalak Gary Smith Gay B McCormack Gayl Korus **Geico Foundation** Gema Norbeck **Genesis Matamoros** Genevieve Perrote George Cressey George Drake George Haigh George Kosmopoulos George Kreisheh George Mathai George Ortega George Sowa George Taweh George Washington Georgia Dow German Rubio Ghina Mansour Gilberto Lorenzana Gilmay Markunas Gina Marshall Gina Oleske Ginger Canfield Gino Ionadi Gino and Sandra Brino Giovanni Belen **Gladys Carmenatty** Gladys Sanguini Glenn Evangelista Gloria Barnett Gloria Edmund Gopi & Jyotsna Kalavar Gopika Shah Gordhan Goyani Grace Evangelista Grace LeClair Grace Manansala **Grant Guess** Grant Iron **Greg Cicotte Greg Stanek** Greg & Gina Di Folco Greg and Chrissie Brogan Gregory Bowen Gregory Stempkoski

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Jack Camp

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Jon Girsch Jonarel Malan Jonathan Ferrer Jonathan Galicia Jonathan Koslen Jonathan Randall Jonathan Salvador Jordan Van Riper Jordann Hunsperger Jose Gamarra Jose Perez Jose Prado Jose Quiwa Josef Heuer Joseph Arquillo Joseph Aseo Joseph Dolan Joseph Manansala Joseph Maro Joseph Placheril Joseph Stahlbush Joshua Kim Joshua Vega Josie Corso Josie Fair Joy Shen Joy and Dan Kucer Joyce Jones Joyce Mihalik Jovee Montalla-Alicante Juana Frontera Jude Onyia Judith McCarthy Judy George Judy Kelsey Judy Kimball Judy Milton Judy Williams Julie Cyrnek Julie DeLoria Julie Heston Julie Novak Julie Podvin Julie & Jeff Petersen Julie and Steve Siegal June Baharally Junmei Zhang Justin Chov Justin Diaz K. Patel Kacie Gavin Kahli Peachey Kailasanath Parameswaran Kaitlin Mott

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Kathleen Gillespie
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Kathleen Sandman
Kathleen Velghe
Kathleen Villella
Kathleen Young
Kathleen and Jeff Koehl
Kathryn Bolon

Kathryn Bolon
Kathryn Collins
Kathryn Healey
Kathryn Schulhafer
Kathryn Wilkins
Kathy Fogarty
Kathy McEwen
Kathy Wu
Katie Frego
Katie Hubert
Katie Leithauser
Katie Roche
Katie Dunks and David Hynds
Katja Anuth

Katy Afilalo
Kavitha Ravikumar
Kayla Bull
Kayle Smith
Kaylene Finke
Kayvan Lira
Kelly Brewer
Kelly Corbett
Kelly Friedel
Kelly Leonard

We are not a hospital that can cure them or solve all their problems, but we are a bridge between the communities we work with and a better opportunity to live a healthier life.

> - Alberto Paredes, Director of MEDLIFE Lima





Kelly Papa Laura Brown Lisa Devlin Manjula Patel Marvin Benemerito Michael Gillis Natalie Jean-Felix Patricia Krause Manuela Montes Michael Greer Kelly Talarczyk Laura Chandler Lisa Jardine Mary Cohen Natalie Ngo Patricia Mills Kelly and Phil Letvinchuk Laura Chegwidden-Jacobs Mary Dowd Michael Huizingh Natalie Pressman Lisa Lindgren Marc Kieu Patricia Rijavec Ken Ellis Laura Ilishaev Lisa Oliveri Marc & Heather Vaillancourt Mary Georgatsos Michael Joseph Natalie Welch Patricia St.Clair Ken Newbold Laura Leone Lisa Olwine Marcia Hudson Mary Goggin Michael McLaughlin Nathalie Langtaedtler Patricia Young Ken & Mary Mcgillivray Laura Martin Lisa Ponce Marcia Thompson-Young Mary Hoerth Michael Pazienza Nathan Parmer Patricia Youngclaus Laura Peterson Marcio Chedid Mary Karys Michael Pietromonaco Nathan & Allegra Counsellor Patti Mattozzi Kendle Grosso Lisa Rabinowitz Lisa Shulman Marcos Jara Mary Kral Michael Vayda Patti Vandia Kendra Black Laura Schuberg Neal Kerins Kenia Fuentes Laura Spongberg Lisa Tucker Margaret Berek Mary Owens Michael Wallace Neale Mulligan Patty & Luigina Lagudi Kenneth Naglak Lauren Estvez Liz Brandt Margaret Boehm Mary & Jim Head Michael Weber Nestor Huayre Paul Drummond Lauren Frounfelker Liz Moorman Margaret D'Angelo Mary Ellen zipper Michele Gendron Nicholas DAurizio Paul Milsom Kenneth Tsang Lauren Ginarte Lois Sapariti Margaret Kelly Maryann Simmons Michele Pottberg Nicholas Gour Paul Ousterhout Keri Leachman Paul Raghunandan Jr. Kerrie McCormick Lauren Healy Lorellee Welch Margaret Lopez Maryann Smith Micheline Curnyn Nicholas Guglielmo Kerry Kopf Lauren Steinberg Lori Daggett Margaret Matzen Maryanne Harper Michelle Parent Nicholas Sheridan Paul Ryan Kerry and Luke Lake Lauren Trudel Lori Hamula Margaret Poothakary Mathew Nikson Michelle Quinn Nick Bona Paul & Kathy Walz Michelle Regec Nick DiVanna Paul & Susan Satre Kevin Gomez Lauren Webb Lori McIsaac-Patterson Margaret Rice Matt Binkley Lauren Wells Lori Spina Margaret White Matt Finke Michelle Schroeder Nick Gendron Paula Brown Kevin Jones Lauretta Roberts Lori Teague Margaret Winter Matt Smith Michelle Song Nick Joyner Pauline Manner Kevin Kavalec Kevin Lei Laurice Orense Lori Wickstrom Margaret and Matt Compton Matt Tondl Michelle & Andy Tidey Nicki Biscupovich Paulo Bautista Laurie Ford Lorraine Bautista Margarita Gonzalez Matt and Karly Davis Michelle & Steve Seener Nico Cornejo Paulson Thariath Kevin Oconnor Mike Matlat Kevin Shekell Laurie Packer Loubel Bansuan Margie Goldblatt Matthew Hatter Nicole Flores Pavan Vellookunnel Laurie Rowen Louis Flamenbaum Maria Almeida Matthew Kann Miles Bredehoeft Nicole Golino Pedro Strada Kevin Shekell Kevin & Linda McCarthy Laurie Wolfe Louis and Jenifer Brouard Maria Bortkiewicz Matthew Merckling Millicent Posadas Nicole Miller Peggy Rice Khurram Ali Lawrence Herzman Louisa Daly Maria Casas-Hutchison Matthew Paul Milton Calderon Nicole Schneider Penn Baluvut Louise Chevrier Maria Cepeda Min Kyung Shin Nicolle Desimone Penny Weber Kiana Mann Lawrence Postel Matthew Schuman Kile Alford Lawrence Yap Lovepreet Singh Maria Langlais Matthew & Michelle Vranicar Minu Singuluri Nicolle Valencia Perry Bellam Maria Mathias Peter Emodi Layne Miller Lu Yin Wong Maureen Pellegrino Minyun Dai Niki Kusumgar Kiley Flynn Kim Ditaranto Leann Silvia Lubna Adil Maria Pacheco Maureen Purvis Miriam Guso Nilo and Myra Aviles Peter McNeill Kim Kaczmarczyk Leanne Carmany Lubna Riaz Umbar Ali Maria Walsh Maureen Yates Miriam Levy Nina & Robert Diaz Peter Sasso Lucia Anzalone Maria Lawliss Maurice Martinez Miriam Velsor Nirali Thakor Peter & Nina Olieman Kim Liebetrau Leanne Fournier Kim and Jim Murray Lenn & Carla Taulbee Lucy Orozco Marie Sigue Maurice Ptito Missy Jerfita Niranjan Patel Peter J Siavelis Nita Patel Kimberly Foreman Lenny Cepeda Lucy Thomasson Marilee Zafra **Maurice Trottier** Misty Sposato Phil and Kathy Daykin Leo Camejo Lue Syria Marilydia Solano Mohamed Ali Bahri Nolan Rice Philip Butterfass Kimberly Spior Max Barragan King Canada Inc. 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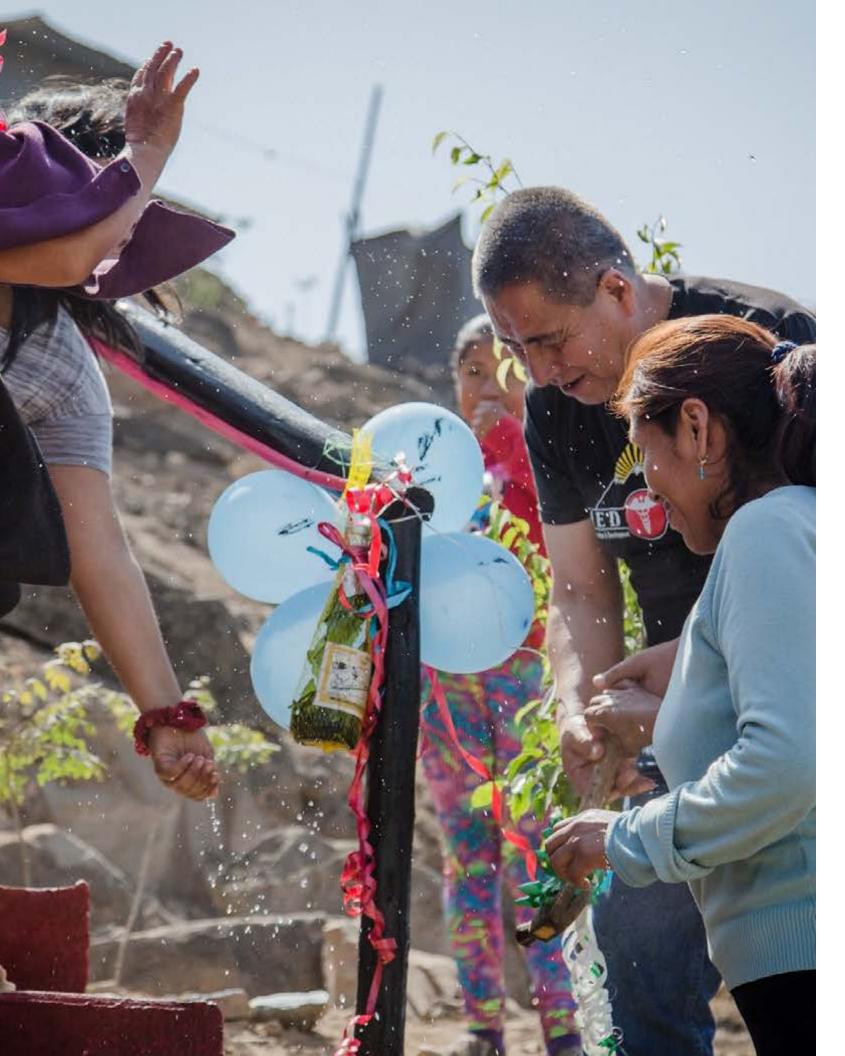
Yevgeny Govshievich

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# MEDLIFE Project Fund.

All public donations and funds raised by MEDLIFE Chapters go towards the MEDLIFE Project Fund. 100% of donations are used in the construction of community development projects like staircases, schools, and safe homes. These projects promote access to basic necessities and skills enabling poor individuals and families to free themselves from the constraints of poverty and promote better health, education, and personal development.





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Hannah Uhlig **KPJ Productions** Inc. Miss Virginia USA Sandra M Kutyna Douglas J Kutyna MEDLIFE at Syracuse MEDLIFE at The Woodlands School MEDLIFE at UC Berkelev

#### A New Prosthetic Leg for Roman

Heather Klindworth MEDLIFE at UPR Inter Arecibo Sarah Hatton Jennifer Paul Mariah Fletcher MEDLIFE at Texas A&M MEDLIFE at UCF

Tom Broffman

Angela Melchor

UPR Río Piedras

#### A Ramp for Jorge

MEDLIFE at UPRRP

Christopher Johnson Iris Gerena Kathy Hatke Katie LoCastro Kirsten Hauser Lynn Kist Matthew Lertola MEDLIFE at UKansas Michael Llyinsky Moeiz Matboly Natalie Friedman Nick Staib Ola Fatona Tatiana Gerena

#### A Food Cart for Natalee

Jose Gerena Iris Garrido Sandra Falzarano Yaneisy Pena **Alexander Rios** Jose Gerena

### **Surgery for Olga**

Linda Straley MEDLIFE at McGill University Patria Lugo

### **Janeth Tixi's Surgery**

Wayne State University

#### **Delia Martin Food Cart**

North Oconee High School

#### **Empower Union Santa Fe**

Andrew Burr Clare Lilek Frederick Cardona Gioanny D'Elia Kaplan Kyla Carlsen

MEDLIFE at Bishop's University MEDLIFE MEDLIFE at Bowling Green State

University

MEDLIFE at Brown

MEDLIFE at Cornell University

MEDLIFE at Delaware MEDLIFE at Inter Aguadilla MEDLIFE at Inter Arecibo

MEDLIFE at JHU MEDLIFE at KU

MEDLIFE at Laurentian MEDLIFE at McMaster

MEDLIFE at Miami University of Ohio

MEDLIFE at OSU MEDLIFE at PSU

MEDLIFE at Rutgers University

MEDLIFE at TCNJ MEDLIFE at Texas A&M MEDLIFE at UC Davis MEDLIFE at UConn MEDLIFE at UF MEDLIFE at UNC

MEDLIFE at University of Chicago MEDLIFE at University of Michigan University of Ontario Institute of

Technology

MEDLIFE at UOIT-DC MEDLIFE at UPenn

MEDLIFE at Virginia Tech University MEDLIFE at Wayne State University

SenxiDu

The Benevity Community Impact Fund

### **Clean Water for Community Nadine Heredia**

Aaron Anderson MEDLIFE at Wisconsin

**UPRRP** 

#### **General Project Fund**

Lexi Krupp Maya Kovacs Tom Baker

Shreya Chandrasekar Gary and Anita Lange Seymour binstein

Scott Paulis

Cynthia Law Meghana Munnangi

Kimberly Flores Aileen Alzola

Amy Ahn

Sharyn Solomon Jessica Smith

MEDLIFE at Uconn Joseph Gitter

Michael Downey Winifred Rivera

Dawn Lewis Rose Spatafora

Nancy Castellanos

Valerie Minlionica Moscato Jackie Clamen

Annette Lopez Noreen Ateniese Shelley Bonder Raquel Luquin Joanne Rosenthal

Michele Shimada

Albert John Allison Krugman

Chris Ballard Dr. Mark Krugman Elizabeth Cirulis

Elizabeth Oknayan **Eloise Reinhart** 

James and Maria Heller Jane Curtis MD

Karen Florka Walker Karen Florka Walker

Megan Kim Mondi Ozbeki Richard Kurjian

Roy & Nayiri Misirliyan Sally Cicuto

Sarah Bridge Sharon Guan Sue Afsari

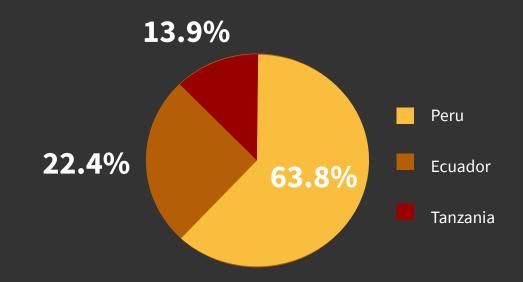
Tori Trout

### A Food Cart for Camila's Mom

# Our Finances

Revenue	
Contributions and grants	\$2,076.00
Program service revenue (Service Learning Trips, Chapters	
Donations, 50:50 Donations)	\$2,829,854.00
Investment income	\$9,512.00
Total revenue	\$2,841,442.00

Expenses	
Management and general expenses	\$294,402.00
MED Programs expenses	\$1,107,401.65
Service Learning Trips expenses	\$1,277,819.35
Total operating expenses	\$2,679,623.00
Operating surplus (deficit)	\$161,819.00
Volunteer Deposits 2016/2017	\$161,819.00







"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."

- Margaret Mead



# Board

Nick Ellis, MD, MEDLIFE Founder and CEO

- Education: International Development Studies (B.A.) at McGill University
- Pre-Medical post-baccalaureate, University of Maine
- MD, Dartmouth Medical School

## Juan Camilo Vanegas

- Education: Microbiology (B.A.) University of Maine
- MD Candidate, Tufts Medical School

### Jerry Ellis

- Counseling, (M.S.) Oregon University
- MDiv Boston University

Martha Chicaiza, Director of MEDLIFE Ecuador

**Carlos Benavides,** Director of MED Programs Peru