



# MEDLIFE DONATIONS LIST

## Costa Rica

### Medicine/Supplements

- Glucosamine
- Vitamins--prenatal, children, adult
- Vitamin E\*\*
- Iron (Ferrous Sulfate) Supplements
- Folic Acid Supplements
- Lice/Scabies/Bed Bugs creams or lotions
  - Permethrin Cream
  - Crothamiton Cream
  - Nix
    - For reference: [Walgreens](#)
  - Rid
    - For reference: [Walgreens](#)
- Calcium supplements
- Naproxen, Ibuprofen, Acetaminophen

### Dental Supplies

- Children's toothbrushes and toothpaste

### General Supplies

- Gloves in all sizes
  - Preference: Nitrile Exam Gloves (because they are thicker)
    - For reference: [Amazon](#)
- Face Masks
  - Preference: N-95
- Hand sanitizer with pump
- Medical disposable aprons
- Sunscreen lotion sachets

### Otoscope

### Pulse Oximeter

- For reference: [Walmart](#)



## Batteries\*\*

- AA
- AAA

## Project

- Safety work gloves
- Safety goggles

\*\*Most needed

*Please make  
sure all donations are  
new or in good condition*

