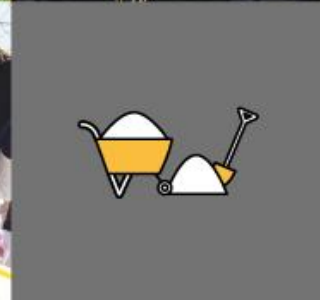


2022 ANNUAL REPORT





A large, bold, yellow quotation mark graphic.

Poverty is not an accident. Like slavery and apartheid, it is man-made and can be removed by the actions of human beings."

- Nelson Mandela



OUR MISSION

To build a worldwide movement empowering the poor in their fight for equal access to healthcare, education, and a safe home.



Dear MEDLIFERs,

As we gather here to reflect on the past year, I am overwhelmed with gratitude and pride for what the MEDLIFE Movement has achieved despite the challenges posed by the global pandemic. Your amazing support has been incredible, and I am deeply grateful. Over this period, we've accomplished much, resuming Service Learning Trips, and completing the Union Santa Fe retention wall - a crucial step toward the future MED Center in Lima.

None of our achievements would have been possible without the unwavering dedication of our Chapters, who upheld the spirit of MEDLIFE through trying times. Your enthusiasm and passion for our cause are truly inspiring, and we owe much of our success to your hard work and perseverance.

To our generous donors, I extend my deepest gratitude. Your contributions have been the backbone of our organization, fueling our projects and programs to create sustainable change and uplift communities in need. Additionally, my heartfelt appreciation goes to our valued partners and staff. Your support and collaboration have been instrumental in helping us achieve our goals, addressing healthcare disparities and socio-economic challenges faced by vulnerable communities.

Thank you once again for being an integral part of this journey. Your support has been the catalyst for positive change, and we are excited about what the future holds.

Gratefully
Nick Ellis, MD

yours,





ACCESS TO
**HEALTHCARE, EDUCATION,
AND A SAFE HOME ARE**
HUMAN RIGHTS.





2022 SERVICE LEARNING TRIPS AT A GLANCE

From September 2021 to August 2022 we successfully created

28,064

Moments of Empowerment in
Peru and Ecuador

41

**SERVICE
LEARNING TRIPS**

400+

**EDUCATION
WORKSHOPS SESSIONS**

42

**DEVELOPMENT
PROJECTS**



WHAT IS A MOMENT OF EMPOWERMENT?

A moment of empowerment could be the moment a woman attends an educational workshop and learns to perform a self-breast exam, the first time a child uses a recently built staircase in their community to get to school, or one of the many other empowering moments that we can create together using Medicine, Education, and Development.

HOW DO WE CALCULATE MOMENTS OF EMPOWERMENT?



Project Beneficiaries

Every community member who benefits from the project is counted as a moment of empowerment.



Patients

During Mobile Clinics, each patient consultation and enrollment in our Follow-Up Program counts as a moment of empowerment.



Educational Workshops

Each person who attends an Educational Workshop is counted as one moment of empowerment.



SERVICE LEARNING TRIPS

37,016

Moments of Empowerment

As we reflect on the challenges and triumphs of the past year, we extend our heartfelt appreciation for your steadfast support. Despite the unprecedented circumstances, we are proud to announce that we have successfully conducted 41 Service Learning Trips, with the participation of committed MEDLIFers. Together, we have positively impacted 37,016 lives through vital medical interventions, education initiatives, and community development efforts in underserved areas.

Despite the hurdles posed by the pandemic, our dedicated teams on the ground demonstrated resilience and adaptability. Despite the evolving healthcare landscape, we persevered in our commitment to the Patient Follow-Up Program, ensuring continuity of care for those in need.

Looking ahead with cautious optimism, we are excited to resume our in-person Service Learning Trips, prioritizing the safety and well-being of all involved. Rigorous safety protocols have been implemented to safeguard the health of our volunteers, partner communities, and staff. With these measures in place, we are poised to continue our mission of empowering communities and delivering essential healthcare services to those most vulnerable.

PERFORMANCE METRICS*

**TOTAL MEDICAL
CONSULTATIONS**
TOTAL CONSULTATIONS

21,264

OB/GYN
TOTAL CONSULTATIONS

3,173

**DEVELOPMENT
PROJECTS**
TOTAL BENEFICIARIES

2,250

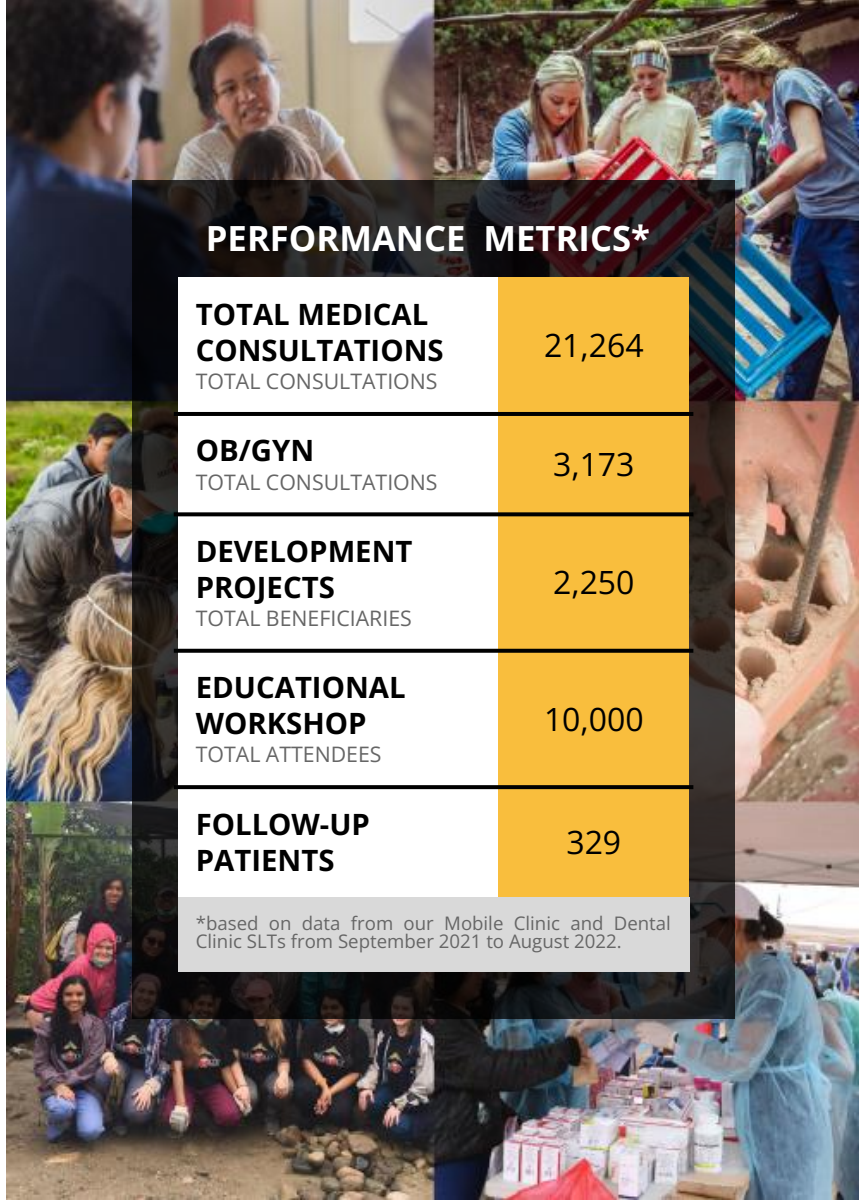
**EDUCATIONAL
WORKSHOP**
TOTAL ATTENDEES

10,000

**FOLLOW-UP
PATIENTS**

329

*based on data from our Mobile Clinic and Dental Clinic SLTs from September 2021 to August 2022.





PERFORMANCE METRICS*

Total Participating Chapters	131
Total Donors	7,110
Total Fundraised	\$413,479 USD

CHAPTER & VOLUNTEERS

7,110 donors

Donated for Moving Mountains

In the face of COVID-19's disruptive arrival and the suspension of our Service Learning Trips, our primary funding stream vanished overnight. Simultaneously, the pandemic-induced lockdown heightened the urgent needs of our partner communities. To address this pressing call for assistance, we shifted our focus to fundraising efforts.

While previous years saw modest success with small-scale campaigns, such as the \$30,000 raised in 2019 for the Union Santa Fe retention wall, the year 2020 witnessed an unprecedented surge in our fundraising achievements. It all began with the Power Hour model, pioneered by MEDLIFERS from Indiana University, where Chapter members dedicated an hour to collectively reach out to their networks for donations.

Witnessing the remarkable success of this strategy, we expanded it to MEDLIFE Chapters worldwide, giving rise to our Moving Mountains fundraising program, which yielded astonishing results. Amidst uncertainty about the future of our Movement, MEDLIFERS united to ensure not only our survival but also our ability to support communities in ways never seen before. We extend profound gratitude for this unwavering support.



A YEAR OF SERVICE



EMBRACING A NEW BEGINNING

UNIVERSITY OF PUERTO RICO AT MAYAGÜEZ VOLUNTEERS RETURN TO LIMA FOR A TRANSFORMATIVE MEDLIFE SERVICE LEARNING TRIP

After enduring a prolonged hiatus over the pandemic, the low-income communities of Lima, Peru, are once again brimming with excitement as MEDLIFE volunteers have returned for a Service Learning Trip for the first time in two years!

Compassion, self-discovery, and unwavering dedication fueled their mission to make a positive impact on the lives of those in need. Emerging from challenging times, these hard-working volunteers seized the opportunity to uplift communities and rekindle hope in the hearts of its inhabitants.

The mobile clinics set up during the Service Learning Trips were nothing short of lifelines, especially given the challenges the Peruvian healthcare system faced after the pandemic. The impact of COVID-19 on Peru's healthcare infrastructure was profound, leaving many vulnerable communities struggling to access even basic medical care.

Our volunteers were able to witness how the pandemic had worsened existing disparities, especially those living in remote or underserved areas. Overwhelmed hospitals and stretched resources made the MEDLIFE mobile clinics beacons of hope, bringing essential medical services right to the doorsteps of those in need. For many, it was the first time they had access to healthcare in months.

Beyond medical attention and treatments, the mobile clinics delivered much-needed medications, hygiene kits, and educational resources on health and hygiene practices.



Witnessing the smiles on people's faces as they received care, and felt their health valued and prioritized, was extremely fulfilling for our volunteers. The pandemic taught the vital lesson that health is a fundamental human right, and the mobile clinics played a significant role in restoring a sense of dignity and hope to these communities.

As the first volunteers from Universidad de Puerto Rico at Mayaguez returned home after their MEDLIFE Service Learning Trip in Lima, they left behind not only a trail of positive change, but also everlasting memories of camaraderie and compassion. The echoes of their laughter and the impact of their work will resonate through the streets of their communities, reminding us all that unity holds the power to build a brighter and more compassionate world.

With the return of Service Learning Trips after the pandemic, hope reigns supreme, and the spirit of the mission thrives, ready to positively impact countless lives with its transformative embrace.



MOVING MOUNTAINS

A RETENTION WALL FOR UNION SANTA FE COMMUNITY

We conducted a short interview with Ricardo Ccasani about the new retention wall in Union Santa Fe

Why was the wall needed?

For two reasons: for the safety of all the neighbours in the event of an earthquake. And to meet one of the requirements requested by COFOPRI for the Santa Fe union title.

And to have access to the benefits provided by the Peruvian state such as water and sewage, bank loans, etc. Without the contrition of the UNIÓN SANTA FE retaining wall, it would not benefit from the "WATER FOR ALL" project that the government grants it.

How long did it take to build?

The construction crew has been working with the support of MEDLIFE and the residents of UNIÓN SANTA FE for 1 year, and in October 2023 the finished wall of 350 linear meters will be inaugurated.



What was your takeaway from this project?

To be able to know the real price of the costs for the construction of a retaining wall. Since public identities provide large sums of money for big projects like this, that with their investment, we could build several other walls in other communities.

On the other hand, seeing the effort of each neighbor and the construction workers that have helped us so much in savings for materials and other expenses such as machinery, tools, etc.

What is coming next for Union Santa Fe?

Now our dream is to start the construction of a bilingual school to benefit all the children who nowadays have difficulties reaching their educational centers, which will also generate jobs for the community.

Likewise, our dream is always to be a model community. For this, we have been working hand-in-hand with each neighbor so that all the lots are tidy, clean, and with green areas.



The Impact of MEDLIFE Greenhouses in Cusco: An Interview with the Coordinator of Development of Pisac

We had the opportunity to interview Lino Huaman, Coordinator of Development in the Municipality of Pisac, from the Chahuaitiri community in Pisac, Cusco. During our conversation, he told us how climate change has caused Andean communities to be directly affected by frost and drought. Since the crops in these areas are very vulnerable to these climate problems, at least 95% has been affected.

The death of crops due to climate change has generated shortages and even caused the deaths of many animals due to lack of grazing. Families were facing a very big problem in which a lowered amount of crops and animals were causing a lack of income and even health problems such as anemia in children. Despite all this, the municipality did not want to help and prioritized other projects.

This is why MEDLIFE built Greenhouses in the Chahuaitire community. As Lino tells us, the project has been a salvation for the community, improving nutrition and the local economy. Now, local agriculture is protected from the outside weather and insects. The crops are now clean and healthy and it is even possible to work with organic fertilizers, which was not possible before. In addition, it has helped to reduce water consumption, since pressurized micro-sprinklers are used inside the Greenhouses.



Various vegetables are planted in these crops such as potatoes, ulluco, broad beans, chards, onions, spinach, coriander, lettuce, radish, carrots, etc. The Greenhouses have saved all of these by being protected from the outside climate. Initially, MEDLIFE built 26 Greenhouses. Today, the municipality has opened its eyes to the benefits these greenhouses bring to the community, and now 80 replicas have been made.

*The residents are very grateful because this project has contributed enormously to the development and well-being of the community. Lino, on behalf of his community, greatly appreciates the support and invites young people to continue joining MEDLIFE's volunteer trips. "I recommend everyone to come because it is hopeful and a relief for the community to have the support of volunteers from MEDLIFE. We thank you for the spirit of helping, here you will always have a brother who will receive you with open arms". - **Lino Huaman, Coordinator of Development in the Municipality of Pisac.***



TRANSPARENCY

INSPIRING DONOR CONFIDENCE



OUR FINANCIAL STATEMENT 2021-2022

OUR REVENUE*

	\$
PROGRAM SERVICE REVENUE (SERVICE LEARNING TRIPS, CHAPTERS DONATIONS, 50:50 DONATIONS)	2,341,066
Moving Mountains Campaign	270,423
INVESTMENT INCOME	17,115
OTHER REVENUE	12,013
TOTAL REVENUE	2,640,617

OUR EXPENSES

	\$
MANAGEMENT AND GENERAL EXPENSES	654,085
MED PROGRAMS EXPENSES (MEDICINE, EDUCATION & DEVELOPMENT)	1,607,674
TOTAL OPERATING EXPENSES	2,261,759
Revenue less expenses	378,858

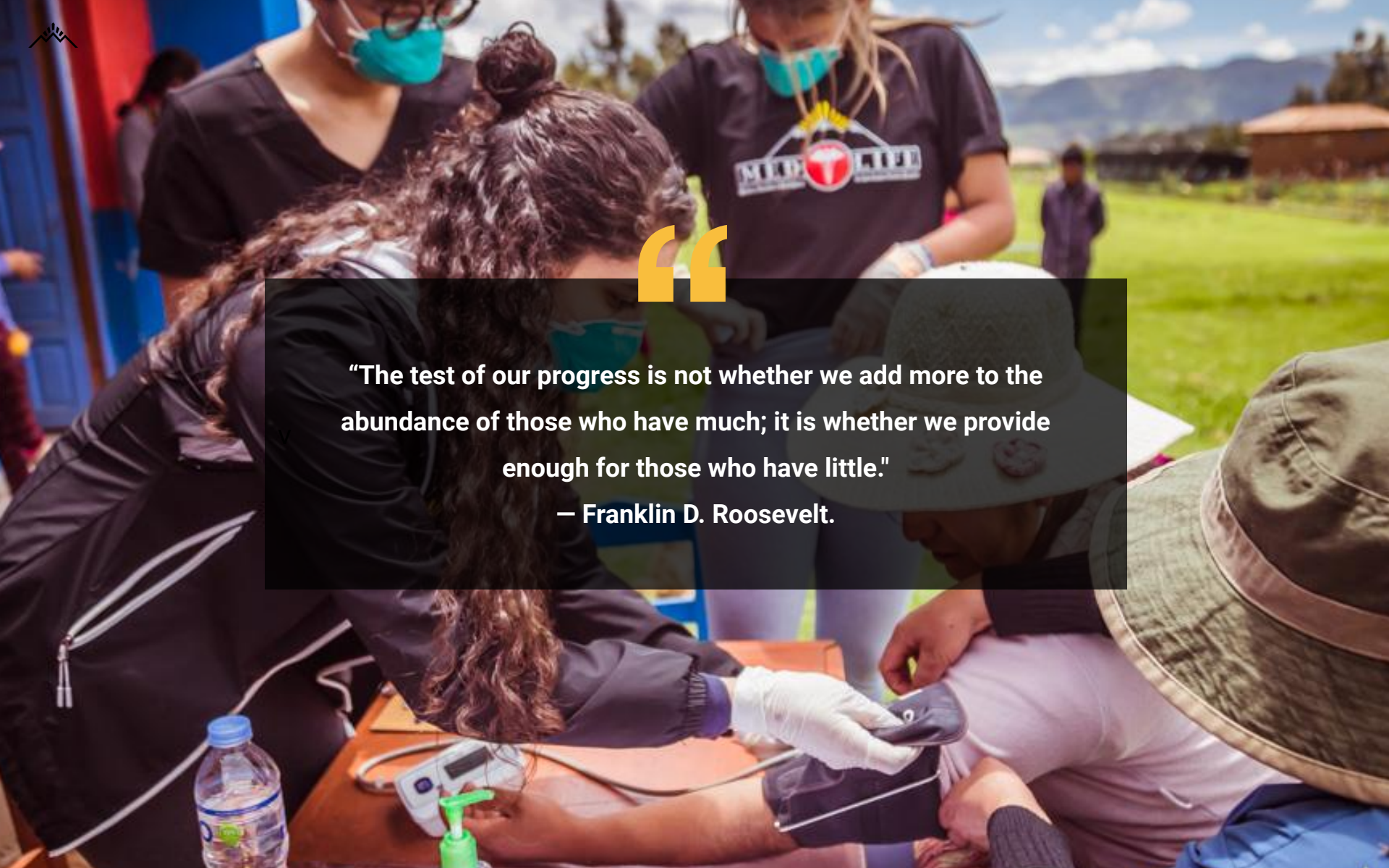
***Financial Summary as of August 31, 2022**



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“The test of our progress is not whether we add more to the abundance of those who have much; it is whether we provide enough for those who have little.”

— Franklin D. Roosevelt.





OUR BOARD

Nick Ellis, MD, *MEDLIFE Founder and CEO*

- Education: International Development Studies (B.A.) at McGill University
- Pre-Medical post-baccalaureate, University of Maine
- MD, Dartmouth Medical School

Juan Camilo Vanegas

- Education: Microbiology (B.A.) University of Maine
- MD Candidate, Tufts Medical School

Jerry Ellis

- Counseling, (M.S.) Oregon University
- MDiv Boston University

Martha Chicaiza, *Director of MEDLIFE Ecuador*

Carlos Benavides, *Director of MED Programs Peru*